



# Dance & Performance Course

The Indian Society for performers and  
Teachers of dance in association with the  
Lourd Vijay Dance Academy announces the  
professional dance development certificate  
program (PDDCP)

Full and part time program  
1-12 months for beginners, amateurs and professionals

For prospectus and application write to:  
[admin@isptd.org](mailto:admin@isptd.org) +91 80 2331 5566 / +91 98452 39123

Assistance for PG accommodation provided  
[www.isptd.org](http://www.isptd.org)

Indian Society for the Performers and Teachers of Dance in association with the Lourd Vijay Dance Academy is proud to present a first of its kind dance and performance course called the "Professional Dance Development Certificate Program (PDDCP)" in the country.

The Program is comprehensive keeping in mind the need of a versatile dancer, performer and a future instructor and taking in to consideration the latest trends and paths the

Entertainment and performing arts industry has to offer.

The program has been structured by its Program Director - Nakula Somana, (from 'All That Jazz', Dance College in Bristol, UK) and Lourd Vijay of the Lourd Vijay Dance Academy who have a combined industry experience spanning over 40 years in dance, entertainment & arts

Management. PDDCP will be facilitated by highly acclaimed national and international faculty from the world of performing arts. We would also have visiting faculty from other allied art, design and creative fields to bring in a different yet wholesome perspective to the learning process.

### PROGRAM OFFERINGS

**These are the option the Dance and performance course has to offer for the upcoming dancer:**

**The intelligent body** - Awareness through stillness and movement: Learn about your bodies inherent capacities through Yoga, Tai Chi, Feldenkrais, Alexander technique, Aikido and others.

**The popular body** – Work on styles from Jazz, Hip hop, B-Boying, Bollywood and Latin dances. Become a versatile and stylish performer.

**The Modern Body** - Classes and workshops range from contemporary dances, release, improvisation and choreography.

- **Initiation** to different styles and forms of dance.
- Ongoing training to enable you to become a proficient mover.
- **Experimentation** to begin using what you've learnt in meaningful ways.
- **Dramaturgy** and **rehearsals** for performances.
- Consolidation through ongoing tutorials, assessments and theoretical studies.

Drop in classes and modules of short term courses are now open for registration.

There will be supportive classes to nurture a deeper relationship to your work.

Faculty will be from India and abroad. Schedules will change in order to fulfill course requirements.

A detailed time-table will be made available throughout the duration of the course.

### Weekdays:

Module A: 3.00pm-4.00pm.

Module B: 4.15pm-5.15pm.

Module C: 5.30pm-6.30pm.

Module D: 6.45pm – 8.00pm.

### **Weekends:**

A series of popular forms and contemporary dances will be available at the two studios - Connect and LVDS throughout the day from 3.00pm to 8.00pm.

### **BENEFITS**

- Making participants performance ready at the end of the program.
- Networking opportunities within the dance community
- Career Counselling and placement
- Toned, strong, flexible Sculpted bodies
- Inciting creative temper
- Creating responsible community developing individuals

### **IMPORTANT THINGS TO DO:**

- Application submission
- Audition dates and time to be fixed
- Final Interview and Admission to the PDDCP
- Join the Program

### **COURSE REQUIREMENTS**

Every student is required to complete 24 hours of training per week.

- 16 Hours of mandatory training Sessions in the mornings
- 2 Hours of training in 4 Elective Subjects on weekdays in the evenings & weekends as part of our community classes.

### **Check class schedules for details**

Along with the above-mentioned schedule there would be a mandatory class by a visiting faculty addressing disciplines like - Dance therapy, Anatomy, Pilates, Physiotherapy, Visual design, Graphic Design, Photography, Videographer, Physical theatre, Stage design, Costume design, dance for camera, nutritionist, Career guidance, Executive Coaches, Counsellors, Architects, etc.

All this has been added to the program to understand dance and movement from various perspectives.

Regular students will be given certificates based on their modules of 3, 6, 9 or 12 month duration.

## FACULTY for Mandatory Classes:



### **Nakula Somana - Program Director**

#### ***Contemporary, Yoga & Body conditioning***

He has completed a full time course in the performing arts and physical fitness at 'All That Jazz', Dance College in Bristol, UK.

Has certificates for O and A level dance, O level drama, Diploma in dance and fitness and RSA variety diploma and LCYMCA in health related exercises.

Completed a dance management course with Attakkalari and the British council. He is also a certified Thai masseur.

Currently setting up and running a series of Community Art Services.



### **Dil Sagar**

#### ***Kalaripayattu, Capoeira & Contemporary***

Sagar is a Contemporary Dancer, Kalari Artiste, Teacher and Choreographer

He has been in Attakkalari Centre for Movement Arts's full length, multi-media productions - Purushartha and Transavatar which have been performed at prestigious art and culture venues/ festivals around the world

He was also State Champion ( Kerala State Kalaripayattu Association) thrice in a row and National Championship winner ( Full Contact Martial Art ) twice consecutively.



### **Aranyani Bhargava**

#### ***Bharatnatyam & History of Dance***

Arangetram (debut) at Sri Ram Centre, New Delhi

Trained with Padmashree Leela Samson in Bharatanatyam

Currently writing a Dance Column in the Hindu newspaper called 'Footloose

Completed a Diploma in Movement Arts and Mixed Media from Attakkalari Centre for Movement Arts

Received training in Ballet and Contemporary dance as part of a Diploma at the Liverpool Institute for Performing Arts (LIPA), Liverpool, UK

Trained with Padmashree Leela Samson in Bharatanatyam.



### **Archana Kumar**

#### ***Kathak***

Archana Kumar is an independent performing artist , choreographer and instructor.

Her dance back ground started with 8 years of intense training in Baratanatyam and Khatak.

She has undergone rigorous training in this form since 96 beginning with Smt.Maya Rao and

Smt.Chitra Venugopal and then through various workshops from Pandit Chitresh Das (san Francisco)

Sri.Munna Lal Shukla and most recently with Sri.Rajendra Gangani.

While in the US, she also taught and formulated special 101 coursework in Kathak at the University

level and has performed and collaborated with several contemporary artists such as Cyrus

Khambatta, Christy Fisher and the legendary Astad Deboo.



### **Abhilash Ningappa**

#### ***Contemporary***

He is a Performer, teacher and choreographer in India and Europe.

He post graduated in SEAD (Salzburg) and Post Masters in APASS (Advanced performance and scenography studies) (Belgium).

He has been teaching professional classes in Dock 11 (Berlin), Dansehotel (Malaga),PARTS(Brussels), Le chien Perdu (Brussels), Attakalari (Bangalore), Dance Identity (D.ID)(Austria), Danskias (Vienna), and Association of professional dancers (Ireland).

He worked with choreographers such as Constanza macras in "Back to the present", Michele kelemis "Caroline and Abhilash" and many others.



## FACULTY for Mandatory Classes:



### Shabari Rao

#### ***Contemporary, Laban Technique & teaching tools***

Shabari Rao is a dancer, choreographer and educator. Trained extensively in both Kathak and Contemporary dance techniques .

She is also passionately interested in the pedagogy of movement. Which has led her to undertake research, create courses and design curricula .

She got her first degree in Kathak and Choreography from Bangalore University, after which she went on to get a Postgraduate Diploma in Dance Studies from Trinity Laban Conservatoire of Music and Dance, London .



### Michelle Casanovas

#### ***Ballet & Felden Krais***

Dancer, choreographer, teacher and practitioner in Feldenkrais Method (Awareness through Movement) Michel studied in ballet and contemporary dance (also release technique and contact improvisation).

Michel also combines his dance experience and the Feldenkrais Method in workshops, to offer the participants a space of creativity and self-discovery.

He has now realized five long projects as a choreographer: "ISOLA", "dans les champs de la vie" (1998), "MIRAGES" (2000), "TORO" (2003), "LE CORPS DEPORTE, voyage d'un cheminot" (2004), "VERS L'EST, toujours plus loin..." (2007).



### Padmini Menon

#### ***Alexander Technique***

She is an Alexander Technique teacher based in Bangalore.

Got interested in the Alexander Technique when she read an article which discussed it in connection with the free and powerful use of the singing voice. Since she was taking music lessons at the time she was immediately struck by the elegant simplicity of the Technique.

In 2005 she was accepted as trainee at the Brighton Alexander Technique College in the UK.

The 3 years that she spent training there were an intensive, sometimes exhausting but always fascinating exploration of the ways in which body and mind work together in order for us to be able to do the things we want to do.



### Charan

#### ***Yoga***

Charan is a professional contemporary dancer and theatre practitioner, practicing Yoga since 2002. He has a international Yoga training certificate from Sanatana Yogashala, Bangalore. Has also attended and trained in various yoga workshops with Yoga masters.

He is currently teaching community Yoga in different parts of Bangalore including Thousand Yoga, Hypermonkey Fitness, LVDS and LDI.

He is also conducting personal Yoga classes for professional dancers and actors training them to make their bodies flexible as it helps them stay fit and strong



### Amaresh

#### ***Contemporary***

Amaresh is a contemporary dancer and theatre artist with a diploma in theatre and drama (Ninasam Theatre Institute) ,Diploma in Dance, (Attakkalari Centre for Movement Arts (Bangalore, Karnataka), Trained extensively in Kalaripayattu (martial art) ,Bharatanatyam, Contemporary and Ballet, Jazz (Classical, Modern & Lyrical), Capoeira (Brazilian Dance Form) and Mayurbhanj Chhau (Folk).

Worked on a project called 'Beyond China' with ICK Amsterdam in China and Amsterdam which ended with a performance, a project called 'Phase Zero'

## FACULTY for Mandatory Classes:



### Erica Kauffman

#### *Yoga*

Erica Kaufman is a dancer, choreographer, yogini, creative expressionist, contact improviser and founder of Lila Yoga.

Her teachings emphasize physical alignment as the external manifestation of internal clarity.

Erica holds the highest possible level of registry with the Yoga Alliance.

She teaches and performs Contact Improvisation Dance internationally - Europe, Israel, India, USA. Erica directs the Lila Yoga Studios and teaches at Penn State University in Pennsylvania USA.



### Kamila Kama Jezierska

#### *Contemporary and Release technique*

She is a member of The Icelandic Association of Professional Dancers and she is listed in Global Dance Directory

Kama graduated from the University of Zielona Gora (Poland) with a master's degree in Pedagogy from the Faculty of Education and Social Sciences .

In 2004 she performed 'Cut-Out' during XII International Presentation of Contemporary Dance Forms in Poland. This choreography won 1st Prize in 'Creating Realism on Stage' and individually Kama received a prize for 'Stage distinct personality'.



### Siddanand Babbur Gudanda Mutt Renukumar

#### *Ballet,Jazz,Modern Contemporary*

#### **14+ years**

Instructor at YLDC teaching Junior and Adults Jazz and pre primary to Grade 3.

Performed for Nutcracker by YLDC 2011,Directed-FUSIONE 2011 at Empoli, Italy,

Directed and choreographed FISSION and Choreographed jazz ballet sequence for

DIVERSITY of YLDC. Performed in Teatro Saschall in Florence for Florence Dance

Festival,Concorso Internazionale Danza 2011. Ad break for Tamil TV channel for

NIPPON, Performance for TV Channels Udaya TV, Asianet, Kairali & SUN TV.



### Karthik

#### *Contemporary*

He was a part of Shiamak davar's institute of performing arts (SDIPA) for 4 years performing bollywood, indo jazz and hip hop.

Graduated with honors at Attakalari centre for movement arts,where he got trained in Bharatnatyam,Kalari, Chaau and various contemporary techniques.

Teaching at various schools and also conducting community classes regularly.



### Deepak Kurki Shivaswamy

#### *Contemporary*

He has been engaged in artistic work as a performer, creator and teacher since year 2000.

He has trained and worked with dance companies like Attakalari in India, Bodhi project in Austria, Danshuisstationzuid in Netherlands, Hausgemacht in Germany.

He completed a post graduate diploma in choreography at S.E.A.D in Austria. His dance creations have been showcased in many venues in India and Europe.

## FACULTY for Electives:



### **Lourd Vijay**

#### ***Salsa, Jive, Cha-cha, Bachata***

Principle Promoter of Latin Culture, music and dance in Asian Region. Professional experience of over 14 years in the entertainment industry having travelled to over 30 countries to train, perform and teach. Guinness World Record holder for the maximum number of Swing Dance flips in a minute. Awarded the Vocational Excellence Award for the year 2012.

Ambassador of the Hong Kong Salsa Festival. Judge of the Asian Open Salsa Championship. Official Latin dance trainer for hit reality shows Dance India Dance & Lux Perfect Bride. Revolutionized Indian-western dance over and over again in India - most notably, by introducing Salsa in 1997.



### **Minoti Ramachandra**

#### ***Salsa, Jive, Bachata, Belly Dance***

She has been dancing and teaching for the last 6 years.

Minoti was the finalist at the hit reality TV show held Entertainment Ke Liye Kuch bhi Karega". Minoti was the 1st runners up at the Asia Salsa Open Championship in Hong Kong '07.

She has completed an instructor's certification course with world renowned Salsa instructor and performer Edie "the Salsa Freak" and has taught workshops at:

India International Salsa Congress '08-'12

Chennai Salsa Festival '07

Hong Kong Salsa Festival '09, '10, '11, '12.

Singapore International Salsa Festival '10.



### **Yashaswini Kedilaya**

#### ***Hip-hop, Jazz Funk, Bollywood***

Her experience and expertise spans dance forms such Jazz funk (Infinity Dance Studio, Hong Kong), Hip-Hop, Bollywood for adults and Kids.

She is also specialized in Kids program and has got trained in Hong Kong for the same.

She has completed an instructor's certification course with world renowned Salsa instructor and performer Edie "the Salsa Freak" and has performed at prestigious events like the:

India International Salsa Congress '08-'12

Chennai Salsa Festival '07

Hong Kong Salsa Festival '10, '11, '12.



### **Manoj Kumar**

#### ***Hip-hop, B-boying, Salsa***

In 2009 he was the 1st youngest artist to take Hip hop workshop at India International Salsa Congress. He specializes in Hip Hop, but his desire and passion for dance made him learn more than 15 dance forms like Salsa, Bachata, Zouk, Rueda, Contemporary, Kizomba, Cha-cha, Bollywood, Flamenco, Stomping, Broadway Jazz etc.

He has won hip-hop and street dance competition at KINGFISHER WORLD 10K DANCE CHALLENGE in 2009



### **Bindu Prasanna**

#### ***Bollywood, Salsa***

Is a trained Classical dancer with over six years of experience in Bharatnatyam. Was a Lead dancer at The Shiamak Datar Institute Of Performing Arts.

She has been featured on the hit reality TV shows India's got talent and Dance Premier League where she ably managed to finish in 3rd place with her team. Was also awarded 'Woman of the match' and was recognized by Rani Mukerjee as the most talented and versatile dancer on the show.

National Salsa Champion 2 years in a row 2008/09 (Pro- Division)

2nd runner's at the Asia Pacific Salsa Championships (pro-division) at Hong Kong Salsa Festival 2010.

## FACULTY for Electives:



### Sunil Khemchandani

#### ***Stott Pilates***

Certified Scott Pilates Instructor

Trained at the SCOTT PILATES, headquarters in Toronto.

A former dancer, Sunil has participated at various International salsa Festivals.



### Hari

#### ***Aerobics and dynamic Stretching***

One of the best fitness trainers in the business.

Gold Medalist at the National Karate

Gold Medalist at the Athletics Championships

Silver Medalist at the Asian International Championships1



### Sangeetha

#### ***Zumba***

Certified Zumba Instructor.

Trained under Carolina Arias for more than a year.

She has been dancing since the age of 10 and is trained in both Indian classical and Western dance.



### Black Ice

#### ***B-boying***

Black ice started with in 2007 by Bboys Naser, Hani, Likith and Ritu.

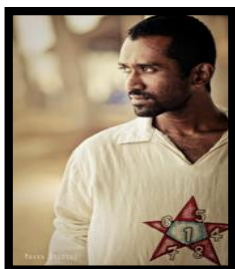
Awards include:

Taika Championships 2008, IHLF Solo Champion 2009(Naser), BOTY Champions, BOTY Solo

Champion(Naser), National Award for Beat Boxing(Vineeth Kumar), BBOI Solo Champion(Likith), BOTY

2011 Crew 2<sup>nd</sup> place, BOTY 2012 Champion(Shane), Indo German Urban Mela Champion(Likith), BMCE

2012 Crew Champions.



### Arun Srinivasan

#### ***Salsa, Bachata***

He started learning SALSA in 2008 in Edinburgh and has grown into a professional almost on par with best.

He has attended the 1st Scottish Salsa Congress and complemented highly by Edie, The Salsa Freak, soon after which he started teaching Salsa.

He has performed and competed at various prestigious events:

India International Salsa congress 2011 and 2012

Chennai Salsa Festival 2010 and 2011

1st International Dance festival Pune, 2012.

1st World Salsa Championship 2012, Hong Kong

6th Singapore International Salsa Festival 2012



## REGISTRATION

The PDDCP Brochure and Application Form can be downloaded from [www.isptd.org](http://www.isptd.org) or send us an email about your interest in the same and we will mail you the Program Prospectus and Application

## IMPORTANT

- Fees once paid will not be refunded
- Fees cannot be transferred to any other package or person
- Classes can not be used at any other studio of LVDS in India other than Bangalore
- Class Schedules, faculty, venue are subject to change with out prior notice

## TO KNOW MORE ABOUT US LOG ON TO

Face book Page: [www.facebook.com/indiasalsa](http://www.facebook.com/indiasalsa)

Face book Group: <http://www.facebook.com/groups/lvds.dance/>

Twitter: [www.twitter.com/danceuniverse](http://www.twitter.com/danceuniverse)

Youtube: <http://www.youtube.com/user/LVDStelelevision?ob=0>



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